

# Villagers get lesson in how to save a life

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## **A group of community spirited volunteers have been taught how to save a life.**

Residents of Monks Eleigh have received extensive training by the East of England Ambulance Service in dealing with emergencies such as cardiac arrests, strokes and unconscious patients, before the arrival of paramedics.

The training took place last Monday and comes after the village shop agreed to house a defibrillator for use in emergencies.

Jon Needle, who is from the ambulance trust and taught the group basic life support skills and how to use the defibrillator, said: "This is fantastic news for everyone who lives in such a rural village.

"It is reassuring knowing that this group have the knowledge and skills to use a defibrillator and perform basic life support prior to our ambulance crews arriving at the scene."

He added that the skills could make the difference between life and death.

"Their quick response and actions will no doubt enhance a patient's chance of survival in a cardiac arrest situation," he said.